

## Out & About



Justin Linn, Adam Werner, Christina Delosua and Daniel Williams



Bonnie Larson and Maribel Blecker



Amy Simpson, Jeff Castner and Carly Underwood



Dr. Sylvie Rimmer and Danielle DePasquale

# The 5th Annual Sports & Fitness Expo

by Kimberly Field • Photography by Lynn Mozena

Sport enthusiasts flocked to the 5th Annual Spots and Fitness Expo held at the Jupiter Beach Resort. Produced by the Northern Palm Beach County Chamber of Commerce and the Triathlon Club of the Palm Beaches, the expo showcased a plethora of companies specializing in sporting goods, health foods and other industries dedicated to a healthy lifestyle. At the expo, competitors participating in the Loggerhead Triathlon retrieved their race shirts, race numbers and race-day information for the following day's race. 600 out of the 1,000 expo attendees were athletes in the triathlon. Advanced Wellness, J-Town Bike and North Palm Beach Adventure Boot Camp were the official sponsors, while Gordon & Doner was the presenting sponsor. Some of the contributing sponsors were Competitor Magazine, HerbaLife, Highway Technologies, North County Masters Swimming club, My Mottoz Active Wear, Tequesta Urgent Care and the Leukemia & Lymphoma Society.